

Drinker Inventory of Consequences (DrInC)  
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Here are a number of events that drinkers sometimes experience. Read each one carefully, and circle the number that indicates whether this has *ever* happened to you (0=No, 1=Yes). Then also indicate *how often* each one has happened to you *DURING THE PAST 3 MONTHS* by circling the appropriate number (0=Never, 1=Once or a few times, etc.). If an item does not apply to you, circle zero (0).

	Has this <i>EVER</i> happened to you? (circle one)		<i>DURING THE PAST 3 MONTHS</i> , about how often has this happened to you? (circle one)			
	No	Yes	Never	Once or a Few Times	Once or Twice a Week	Daily or Almost Every Day
1. I have had a hangover after drinking.	0	1	0	1	2	3
2. I have felt bad about myself because of my drinking.	0	1	0	1	2	3
3. I have missed days of work or school because of my drinking.	0	1	0	1	2	3
4. My family or friends have worried or complained about my drinking.	0	1	0	1	2	3
5. I have enjoyed the taste of beer, wine, or liquor.	0	1	0	1	2	3
6. The quality of my work has suffered because of my drinking.	0	1	0	1	2	3
7. My ability to be a good parent has been harmed by my drinking.	0	1	0	1	2	3
8. After drinking, I have had trouble with sleeping, staying asleep, or nightmares.	0	1	0	1	2	3
9. I have driven a motor vehicle after having three or more drinks.	0	1	0	1	2	3
10. My drinking has caused me to use other drugs more.	0	1	0	1	2	3
11. I have been sick and vomited after drinking.	0	1	0	1	2	3
12. I have been unhappy because of my drinking.	0	1	0	1	2	3

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	Has this <i>EVER</i> happened to you? (circle one)		<i>DURING THE PAST 3 MONTHS</i> , about how often has this happened to you? (circle one)			
	No	Yes	Never	Once or a Few Times	Once or Twice a Week	Daily or Almost Every Day
13. Because of my drinking, I have not eaten properly.	0	1	0	1	2	3
14. I have failed to do what is expected of me because of my drinking.	0	1	0	1	2	3
15. Drinking has helped me to relax.	0	1	0	1	2	3
16. I have felt guilty or ashamed because of my drinking.	0	1	0	1	2	3
17. While drinking, I have said or done embarrassing things.	0	1	0	1	2	3
18. When drinking, my personality has changed for the worse.	0	1	0	1	2	3
19. I have taken foolish risks when I have been drinking.	0	1	0	1	2	3
20. I have gotten into trouble because of drinking.	0	1	0	1	2	3
21. While drinking, I have said harsh or cruel things to someone.	0	1	0	1	2	3
22. When drinking, I have done impulsive things that I regretted later.	0	1	0	1	2	3
23. I have gotten into a physical fight while drinking.	0	1	0	1	2	3

Now answer these questions about things that may have happened to you.

	Has this <i>EVER</i> happened to you?		<i>DURING THE PAST 3 MONTHS,</i> how much has this happened to you?			
	No	Yes	Not at All	A Little	Somewhat	Very Much
24. My physical health has been harmed by my drinking.	0	1	0	1	2	3
25. Drinking has helped me to have a more positive outlook on life.	0	1	0	1	2	3
26. I have had money problems because of my drinking.	0	1	0	1	2	3
27. My marriage or love relationship has been harmed by my drinking.	0	1	0	1	2	3
28. I have smoked more when I am drinking.	0	1	0	1	2	3
29. My physical appearance has been harmed by my drinking.	0	1	0	1	2	3
30. My family has been hurt by my drinking.	0	1	0	1	2	3
31. A friendship or close relationship has been damaged by my drinking.	0	1	0	1	2	3
32. I have been overweight because of my drinking.	0	1	0	1	2	3
33. My sex life has suffered because of my drinking.	0	1	0	1	2	3
34. I have lost interest in activities and hobbies because of my drinking.	0	1	0	1	2	3
35. When drinking, my social life has been more enjoyable.	0	1	0	1	2	3
36. My spiritual or moral life has been harmed by my drinking.	0	1	0	1	2	3
37. Because of my drinking, I have not had the kind of life that I want.	0	1	0	1	2	3
38. My drinking has gotten in the way of my growth as a person.	0	1	0	1	2	3
39. My drinking has damaged my social life, popularity, or reputation.	0	1	0	1	2	3
40. I have spent too much or lost a lot of money because of my drinking.	0	1	0	1	2	3

Now please indicate whether these things have happened to you.

	Has this <i>EVER</i> happened to you?		Has this happened to you <i>DURING THE PAST 3 MONTHS?</i>			
	No	Yes	No	Almost	Yes, Once	Yes, More Than Once
41. I have been arrested for driving under the influence of alcohol	0	1	0	1	2	3
42. I have had trouble with the law (other than driving while intoxicated) because of my drinking.	0	1	0	1	2	3
43. I have lost a marriage or a close love relationship because of my drinking.	0	1	0	1	2	3
44. I have been suspended/fired from or left a job or school because of my drinking.	0	1	0	1	2	3
45. I drank alcohol normally, without any problems.	0	1	0	1	2	3
46. I have lost a friend because of my drinking.	0	1	0	1	2	3
47. I have had an accident while drinking or intoxicated.	0	1	0	1	2	3
48. While drinking or intoxicated, I have been physically hurt, injured, or burned.	0	1	0	1	2	3
49. While drinking or intoxicated, I have injured someone else.	0	1	0	1	2	3
50. I have broken things or damaged property while drinking or intoxicated.	0	1	0	1	2	3